

# Deer Resistant Native Plants for U.S., North/Central



**Ruby-throated Hummingbird**  
*Archilochus colubris*



1

**White-crowned Sparrow**  
*Zonotrichia leucophrys*



2

**American Goldfinch**  
*Spinus tristis*

Illustrations by Charlotte Holden

Common Name	Scientific Name	Type of Plant	Light Requirement	Bloom/Fruit/Seed Time	Attracts	Height (feet)
<b>Wild Bergamot (Bee Balm)<sup>1</sup></b>	<i>Monarda fistulosa</i>	Perennial	Sun Part Shade	June-August, Fall Seeds	Birds Butterflies Hummingbirds	5
<b>Swamp Milkweed</b>	<i>Asclepias incarnata</i>	Perennial	Sun Part Shade	June-September, Fall Seeds	Butterflies Hummingbirds	Up to 5
<b>Common Juniper</b>	<i>Juniperus communis</i>	Shrub/Tree	Sun	April, Fall Fruit	Birds	Up to 12 (shrub) Up to 30 (tree)
<b>Black-eyed Susan<sup>2</sup></b>	<i>Rudbeckia hirta</i>	Annual Perennial Biennial	Sun	June-September, Fall Seeds	Birds Butterflies	Up to 3
<b>Switchgrass</b>	<i>Panicum virgatum</i>	Grass/Grass-like	Sun Part Shade	August-November, Fall Seeds	Birds Butterflies	Up to 10, often shorter